

This is the Autumn newsletter. More information about the Practice is available on our website www.ridgacremedicalcentres.com.

You can download an electronic copy of this newsletter from the website. Alternatively if you inform Reception of your details, we can e-mail you a copy.

Services provided

We offer a comprehensive range of services that include:

- Asthma clinic
- Anticoagulation clinic
- Antenatal and post natal care
- Cervical smears
- Child health surveillance
- Contraception services
- Cryotherapy (wart) clinic
- Diabetic clinic
- Drug support
- Emergency contraception
- Family planning
- Heart disease clinics
- Holiday vaccinations and advice
- Minor surgery
- New patient checks
- Rheumatology monitoring
- Smoking cessation clinics
- Stroke clinic
- Sexual health

If you would like any more information regarding these services please do not hesitate to contact reception for further details.

Missed Appointments

If you can no longer attend your appointment, please ensure you call 0121 422 311 and let Reception know. Your appointment can then be used by someone else.

URGENT MEASLES UPDATE

Measles is in the West Midlands. Is your child protected?

Public Health England has confirmed that there is a continuing outbreak of measles in the West Midlands.

Since the 1st November 2017, 107 laboratory confirmed cases have been reported to the West Midlands Health Protection Team: In order to reduce the number of susceptible people we are taking action and writing to all our patients who are eligible for MMR vaccine according to the national immunisation schedule:

- First dose given at 12 months of age
- Second dose given at three years and four months of age

In addition we urge parents of all children under 5 years of age with incomplete MMR immunisation to contact the surgery to arrange an appointment to have their child vaccinated.

Measles is at best a nasty, unpleasant infection; at worst it can cause permanent injury and even threaten life. If your child is not fully vaccinated they are at risk in this current outbreak. Please bring them for vaccination. Vaccination is safe and offers real protection. If you are nervous of the MMR vaccine for any reason you are very welcome to come and discuss this with any of our doctors and nurses.

NHS 111

NHS 111 is a telephone number you can call when you need medical advice or treatment quickly and you cannot wait for an appointment with your doctor.

You can call NHS 111 24 hours a day, 7 days a week, 365 days per year and it is free to call from landlines and mobile phones.

If you need **emergency** medical treatment, you must call **999**.



when it's less urgent than 999



New Staff

The surgery would like to welcome our new staff to the practice:

Receptionists: Lynne Vanes, Cheryl Tranter and Elaine Homer

Health Care Assistant : Harriet Moles

Medical Secretary: Bernadette Stephens

Dr Harriet Fowler, will be with us for the next 4 months

Staff Training Afternoon

The Practice will be closed on Wednesday 6th June from 12 noon for essential staff Training. If you require urgent medical help between 12 noon and 6:30pm please call 0121 422 311 and listen to the instructions on the recorded message

Feedback

We would be interested in hearing what you would like in future newsletters. Please fill in a comment card or e-mail:

Info.ridgacrehousesbpct@nhs.net.

Patient Participation Group

If you are interested in joining the group please ask reception for details on how to get involved. The Patient Participation Group meet every 8 weeks. They work together with the practice to help promote new ideas and services.

Online Access

Did you know you can now book appointments online and order prescriptions. Appointments are automatically released every day at 8:15 am.

Please contact reception to obtain your username and password. Your account will be suspended if you don't use it on a regular basis.

